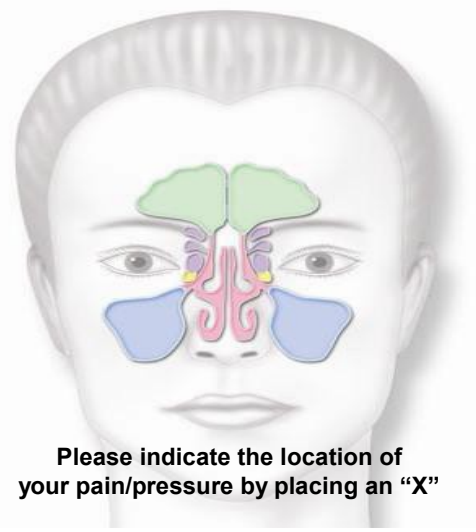


Dedicated to providing the best  
Ear, Nose, Throat and Allergy care.



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Carolina Ear Nose & Throat  
Head and Neck Surgery Center  
Phone (828) 322-2183 • Fax (828) 322-7279



Please indicate the location of your pain/pressure by placing an "X"

**How did you hear about us?**

- Patient Referral
- Website
- Hospital
- Referring Physician: \_\_\_\_\_

Total SNOT20 Score: \_\_\_\_\_

The following questionnaire is intended to help define your symptoms and provide valuable information and insights for your doctor. Answer the questions, rating to the best of your ability the problems you have experienced over the past two weeks.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Sino-Nasal Outcome Test (SNOT-20)**

1. Consider how severe the problem is when you experience it and how frequently it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel.	No problem	Very mild problem	Mild or slight problem	Moderate problem	Severe problem	Problem as bad as it can be		5 most important items
2. Please mark the most important items affecting your health (maximum of 5 items).								
1. Need to blow nose	0	1	2	3	4	5		<input type="radio"/>
2. Sneezing	0	1	2	3	4	5		<input type="radio"/>
3. Runny nose	0	1	2	3	4	5		<input type="radio"/>
4. Cough	0	1	2	3	4	5		<input type="radio"/>
5. Post-nasal discharge	0	1	2	3	4	5		<input type="radio"/>
6. Thick nasal discharge	0	1	2	3	4	5		<input type="radio"/>
7. Ear fullness	0	1	2	3	4	5		<input type="radio"/>
8. Dizziness	0	1	2	3	4	5		<input type="radio"/>
9. Ear pain	0	1	2	3	4	5		<input type="radio"/>
10. Facial pain / pressure	0	1	2	3	4	5		<input type="radio"/>
11. Difficulty falling asleep	0	1	2	3	4	5		<input type="radio"/>
12. Wake up at night	0	1	2	3	4	5		<input type="radio"/>
13. Lack of sleep	0	1	2	3	4	5		<input type="radio"/>
14. Wake up tired	0	1	2	3	4	5		<input type="radio"/>
15. Fatigue	0	1	2	3	4	5		<input type="radio"/>
16. Reduced productivity	0	1	2	3	4	5		<input type="radio"/>
17. Reduced concentration	0	1	2	3	4	5		<input type="radio"/>
18. Frustrated / restless / irritable	0	1	2	3	4	5		<input type="radio"/>
19. Sad	0	1	2	3	4	5		<input type="radio"/>
20. Embarrassed	0	1	2	3	4	5		<input type="radio"/>

# SINUS RELIEF IS HERE.

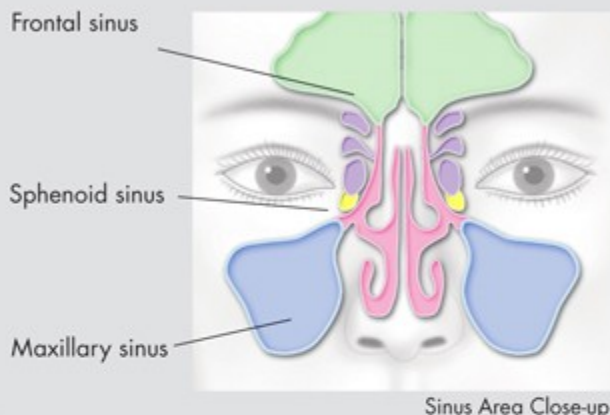
*Balloon Sinuplasty*<sup>™</sup> is a breakthrough procedure that relieves the pain and pressure associated with chronic sinusitis.

## WHAT IS SINUSITIS?

Sinusitis is an inflammation of the sinus lining often caused by infections and/or blockage of the sinus openings, altering normal mucus drainage.

## SYMPTOMS<sup>1</sup>:

- Facial pain, pressure
- Nasal congestion or fullness
- Difficulty breathing through the nose
- Discharge of yellow or green mucus from the nose
- Teeth pain
- Loss of the sense of smell or taste
- Headache
- Fatigue
- Sore throat
- Bad breath



## HOW DOES BALLOON SINUPLASTY WORK?

1 Step 1: A balloon catheter is inserted into the inflamed sinus.



2 Step 2: The balloon is inflated to expand the sinus opening.



3 Step 3: Saline is sprayed into the infected sinus to flush out pus and mucus.



4 Step 4: The system is removed, leaving the sinuses open.



- SAFE -** More than 160,000 patients have been treated safely with *Balloon Sinuplasty*.
- FAST RECOVERY -** While recovery time varies with each patient, many people quickly return to normal activities.<sup>2</sup>
- PROVEN -** Over 95% of patients who have the procedure say they would have it again.<sup>3</sup>
- IN-OFFICE -** Available to some patients as a procedure conducted in a doctor's office under local anesthesia.

For more information on sinusitis or *Balloon Sinuplasty*, please visit [www.balloonsinuplasty.com](http://www.balloonsinuplasty.com).

1. <http://www.entnet.org/healthInformation/Sinusitis.cfm>

2. Wynn R, Vaughan, W. "Post-Operative Pain after FESS with Balloon Sinuplasty." AAO, 2006.

3. ORIOS I, office-based dilation, Data on File at Acclarent

*Balloon Sinuplasty* Technology is intended for use by or under the direction of a physician. It has associated risks, including tissue and mucosal trauma, infection, or possible optic injury. Consult your physician for a full discussion of risks and benefits to determine if this procedure is right for you.