

Somnoplasty Postoperative Instructions

1. USE SALINE SPRAY IN EACH NOSTRIL 4-6 TIMES DAILY FOR THE FIRST WEEK. THEN 1-2 TIMES DAILY EACH DAY AFTER FOR THE NEXT 3-6 WEEKS.
2. AFRIN 12 HR DECONGESTANT SPRAY MAY ONLY BE USED THE DAY OF PROCEDURE FOR ANY POST OP BLEEDING. USE 1-2 SPRAYS IN EACH NOSTRIL. THIS STEP MAY ALSO BE REPEATED IN 12 HRS IF BLEEDING CONTINUES. IF YOU HAVE ANY EXCESSIVE BLEEDING PLEASE CALL OUR OFFICE: **(828) 322-2183**
3. MOTRIN OR IBUPROFEN MAY BE TAKEN FOR ANY PAIN OR DISCOMFORT.

Any information provided on this Web site should not be considered medical advice or a substitute for a consultation with a physician. If you have a medical problem, contact your local physician for diagnosis and treatment.

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